



**Patchwork of  
Hope  
Network™**

*Sewing Together Life After Shingles*



**Bill McCarberg, M.D.**

*Founder of the Chronic Pain Management Program  
Kaiser Permanente*

Dr. McCarberg is the founder of the Chronic Pain Management Program for Kaiser Permanente in San Diego, Calif. He is on the board of directors of the American Academy of Pain Medicine and was on the board of directors of the American Pain Society. He is president of the Western Pain Society and Adjunct Assistant Clinical Professor at the University of California at San Diego School of Medicine.

Dr. McCarberg received his MD from Northwestern University Medical School in Chicago, Ill. He completed a medical internship and a residency in family practice at Highland Hospital in Rochester, N.Y. He is board certified by the American College of Pain Medicine, the American Board of Family Practice and has an additional certification in Geriatrics.

Dr. McCarberg is a member of the American Academy of Family Physicians, the American Academy of Pain Medicine, the American Pain Society and the International Association for the Study of Pain. He is the recipient of several awards including the Shilling Compassionate Care Award, the Elizabeth Narcessian award for leader in the field of pain education from the American Pain Society and the Ambassador of the Year for the National Pain Foundation in 2008. Since 1998, he has been rated in the top 10 percent of doctors in the Member Appraisal of Physician Services at Kaiser Permanente. He has given more than 250 presentations on pain management issues and is the author or co-author of 78 articles, book chapters and books.

